



# WEEKLY PLAN

from BetaMomma.com



**MONDAY**

- School work
- Exercise
- Socialize
- House work

**TUESDAY**

- School work
- Exercise
- Socialize
- House work

**WEDNESDAY**

- School work
- Exercise
- Socialize
- House work

**THURSDAY**

- School work
- Exercise
- Socialize
- House work

**FRIDAY**

- School work
- Exercise
- Socialize
- House work